

Musculoskeletal and orthopaedic specialist service at Halcyon medical centre

PATIENT GUIDE TO

MUSCULOSKELETAL (MSK) SERVICE

For the diagnosis and treatment of Spinal, upper and lower limb MSK (orthopaedic) conditions

How can the MSK Service help me?

This is a specialist service to diagnose and treat patients with MSK conditions of the spine, arms, hands, legs and feet.

Examples of conditions we treat include:

- Shoulder pain
- Neck pain
- Low Back Pain
- Sciatica
- Bursitis
- Carpal Tunnel Syndrome
- Ligament injuries
- Plantar Fasciitis
- Sports injury
- Following road traffic accidents

Who is this service for?

Patients with MSK conditions age 16 years and over

What will happen at my appointment?

You will be assessed by an experienced MSK Practitioner with specialist knowledge and experience in MSK conditions. The MSK Practitioners are trained Chartered Physiotherapists. The assessment may require removal and/or movement of some clothing to be able to assess you effectively. If you require a chaperone please ask the MSK Practitioner.

What happens after I have been assessed?

You will have a discussion with your MSK Practitioner about the reasons for further investigation and/or treatment choices including potential risks and benefits.

You may be sent for:

- Further investigations such as blood tests, X ray, MRI or USS scans (these are not always required)
- Be prescribed medication, exercises, given advice or offered an injection.
- Sent for treatment; Physiotherapy, Podiatry, Pain Clinic
- Referred to a specialist service, e.g., Rheumatology, Orthopaedic Surgery

How do I book an appointment?

This is a self-referral service; please call the surgery and book your face to face appointment. (Ask for MSK specialist- Please note this service is only available on Fridays). In some cases you can also be referred by your GP or other practice clinician.